

Sleep Disorders: A clinical textbook

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Edited by Antonio Ambrogetti, Michael J Hensley and Leslie G Olson

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About the book

This is a comprehensive and detailed reference book covering sleep physiology and sleep medicine. The text is clear and informative and has been structured so as to make the information as accessible as possible. Part 1 focuses on areas of general interest whilst Part 2 deals with a selection of clinical presentations. Chapters include:

Part One

- ◆ Neuroanatomy and pharmacology of sleep
- ◆ Chronobiology
- ◆ Investigation of sleep disorders
- ◆ Basic concepts of polysomnography

Part Two

- ◆ Snoring and sleep apnoeas
- ◆ Abnormal movements during sleep
- ◆ Insomnia
- ◆ Sleepiness and tiredness
- ◆ Sleep disorders and other medical conditions
- ◆ Sleep disorders in children
- ◆ Circadian rhythm sleep disorder
- ◆ Medications and sleep
- ◆ Sleep disorders and the law
- ◆ Assisting ventilation during sleep

About the editors

Dr Antonio Ambrogetti is Visiting Medical Officer at Newcastle Sleep Disorders Centre, John Hunter Hospital, Newcastle, Australia.

Prof. Michael J Hensley is Dean of the Newcastle Medical School at the University of Newcastle and Director of the Newcastle Sleep Disorders Centre, John Hunter Hospital, Newcastle, Australia.

Dr Leslie Olson is Senior Lecturer in Medicine at the University of Newcastle, Australia.

Readership

This book will be of interest not only to physicians with a direct interest in sleep disorders but also to the following groups:

- ◆ All GPs
- ◆ Endocrinologists
- ◆ ENT surgeons (snoring disorders and paediatric)
- ◆ Neurologists
- ◆ Paediatricians
- ◆ Psychiatrists
- ◆ Sleep scientists
- ◆ Sleep technicians

ISBN: 1 85642 237 2; 246 x 189 mm; p/back; 512 pages; publication October 2005; £54.99

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